



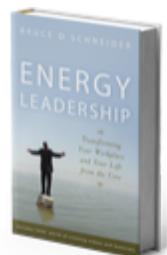
## ACTION BASED LEADERS™ GROUP COACHING PROGRAM

# DEVELOPING IDEAL LEADERS

What will be the impact on your organization and teams when you achieve this?

### ENERGY LEADERSHIP GROUP COACHING - 12 WEEK COURSE

Positive, powerful, influential leaders embrace action and accountability. In this program participants will learn how to catapult their leadership performance with less effort and more fulfillment.





# TRANSFORM YOUR WORKPLACE

*Everyone is a leader-  
either by choice or by default.  
The question you must answer is...*  
**How and What are you leading?**

This program is firmly rooted in the 7 levels of behavior and communication that fill every conversation and drive every leaders potential.

## **Participants of the Program will learn how to:**

- Recognize the seven distinct levels of energy that are the key to understanding why everyone things and acts the way they do, in life and specifically within the workplace.
- Distinguish truly effective leaders from those who deplete the energy of the people around them and specific techniques to shift energy levels to inspire peak performance.
- Become a powerful leader who motivates yourself and others to reach their true potential.
- Identify the BIG Four Energy Blocks and discover proven techniques and strategies for overcoming these and other obstacles to success.
- Develop the ability to shift internal energy to meet any leadership challenge and use this newfound power to inspire respect, confidence, and loyalty in others.

For more information contact us:



## PROGRAM SPECIFICS

### What others are saying:

- *"Real Conversations about Real challenges we are facing..."*

- *"While we are all discussing and learning the same thing, we are all at different stages in our development, having open discussion allows us to learn from each other and become better leaders together..."*

### What To Expect:

- Group Size - up to 8 participants per group
- 12 week course - meets every 2 weeks for live group sessions with a Professional Certified Coach
- Each participant will complete the Energy Leadership Index Assessment and have a one on one confidential debrief with one of our experienced coaches.
- Course Material - Energy Leadership book by Dr. Bruce D Schneider one per participant, can be ordered from Amazon. Session assignments will be delivered from our team prior to each session.
- All sessions will be held on a secure video conference line via ZOOM and all sessions are confidential to that particular group.
- Teams reflect the behaviors and energy of their leaders. Group Coaching is ideal when embraced and modeled from the top leadership down. If action and accountability is desired from employees, do they see is modeled from their leaders?
- Solid investment for your leadership and team: (referrals upon request)
  - \$450/session up to 8 people
  - Assessments and debriefs billed separately at \$300/person

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